

CARE WHERE YOU NEED IT.

It is three o'clock on a Wednesday afternoon and your four month old has woken from his nap with a high fever. You would normally call your family doctor's office, but you know it is closed ~ or you may be visiting from out of town or cannot get to your family doctor.

Do you automatically think that you should head to the Emergency Room? There is a better solution for patients of all ages who need treatment for non-life threatening, acute illness.

The Walk-In Clinic at South Huron Hospital Association provides care three hours per day, 364 days per year (closed Christmas Day). Hours of Operation and Location: 23 Huron St. W. Exeter, Ont. Monday to Friday 3:45 pm to 6:45 pm. Weekends and Holidays 10:45 am to 1:45 pm. No appointment necessary. Please bring your health card.

Grand Bend Area Community Health Centre, 69 Main St. E. Grand Bend provides Walk-In Service every Saturday morning, 9 am to 1130 a.m. with no appointment necessary. Outside of that time, care is by calling for availability of appointments or advice on the best course of action. 519 238 2362 for the Grand Bend site or 519 262 3140 for the Hensall site, 122 King St. Hensall. Please bring your health card.

Acute vs Urgent or Emergency Care:

Common conditions treated at the Clinics are: cuts, bites, minor burns, infections, earaches, nose and throat complaints, urinary problems.

You can also get fast, free medical advice through Telehealth Ontario at:

- Toll-free: 1-866-797-0000
- Toll-free TTY: 1-866-797-0007

When should you go to the emergency room and not to a walk-in clinic or primary care clinic? If you are experiencing shortness of breath, facial drooping, chest pain or severe stomach pains, go to the nearest emergency room or call 911.